



Gibson McCook Relays Organizing Committee
 c/o Independence Park Limited
 Independence Park
 Statue Road
 Kingston, Jamaica
www.gibsonmccookrelays.com
gibsonmccookrelays@gmail.com
 December 20, 2024

The Principal/Coach/Team Manager

Dear Sir/Madam,

It is with pleasure that we invite your team to travel to our blessed island for the 48th renewal of the Gibson McCook Relays. We look forward to an exciting and safe 2025 event in a year with a number of worldwide championship events.

Our relay carnival takes place as usual on the last Saturday in February, in Jamaica's National Stadium. The meet date is therefore Saturday February 22, 2025.

Being an invitational event, there is as usual, no entry fee. The names and dates of birth of your team members will be crucial inputs when you register. Registration is to be done via our website.

Please note the items on page 3 which we take pleasure in providing for your team, should you decide to enter our world-class relay carnival. Also attached is our 2025 Order of Events.

Please also pay particular attention to the age group information for teams with members younger than 19 years old as at September 1, 2024. Those teams would participate in the High School section by age group/class.

Teams with athletes over 19 years old would participate in the events with our Clubs & Institutions. Our registration deadline for overseas teams is Tuesday January 14, 2025.

Our website contains age group guidelines available when you click on Online Registration, which is below "the Athletes" tab. That section is shown below. It is strongly suggested that you peruse the website to see the wealth of important information, such as prior year results, which can give you a feel for the level of competition at this meet.

MALE	FEMALE
Class 4 4x100m, 4x200m (Under 13)	4x100m (Under 13)
Class 3 4x100m, 4x200m (Under 14)	4x100m (Under 15)
Class 2 4x100m, 4x200m (Under 16)	4x100m (Under 17)
Class 1 4x100m, 4x200m (Under 19)	4x100m (Under 19)
High School OPEN 4x400m, 4x800m, Sprint Medley	4x200m, 4x400m, Sprint Medley
Clubs & Institutions 4x100m, 4x400m, Sprint Medley	4x100m, 4x400m

Our registration deadline is Tuesday January 14, 2025. Please ensure that you provide your athlete information before this deadline to ensure inclusion in the meet.

Please note that:

- *Teams are allowed a maximum of 6 relay competitors of which any four 4 may compete.*
- *Please pay very close attention when you provide the date of birth for each athlete. This is required to verify performances.*
- *Once you register on time, team entry packages will be made available for pick-up during the week of the relays.*
- *All ISSA age group, World Athletics (WA) and meet rules apply.*
- *Meet rules are posted on our website and are updated during January each year.*
- *The publication of the official start list will confirm your team's registration in an event.*
- *1st, 2nd, and 3rd place medals will be awarded along with the commemorative Gibson McCook watches for the winners of Championship events. Please ensure that all medal winners (individuals and relay teams) are on time for the very fast-paced Awards Ceremony which takes place shortly after the final.*
- *The Neville "Teddy" McCook Trophy and the PUMA cash prize of J\$150,000.00 will be awarded for the Best Overall Performance. A special award of J\$100,000.00 will also be awarded to the Best Performing High School - Girls and Boys.*
- *There is also a J\$75,000 cash award for each Championship record broken.*

For queries, please feel free to contact any member of our Entries & Registration Committee as listed:

Sonia Rose at (876) 815-9580, or email roseysonia@hotmail.com

Ryan Peralto at (876) 995-8584, or email ryan.peralto@gmail.com

Jennifer Ferguson at (876) 572-1430, or email jenmarfer1952@gmail.com

Wayne Long at (876) 805-6999, or email ondirun@gmail.com

Winston Ulett at (876) 999-1632, or email wulett@icloud.com

Sincerely,

THE GIBSON McCOOK RELAYS - ENTRIES & REGISTRATION SUB-COMMITTEE

***Courtesies Provided for Visiting Overseas Teams
– Gibson McCook Relays 2025***

- *Delivery of your team registration package to your team management upon arrival in Kingston.*
- *Complimentary team transportation from and to the Norman Manley International Airport, Kingston to your hotel or other accommodation in Kingston.*
- *Complimentary team transportation to and from the National Stadium for up to two (2) training session days.*
- *Complimentary team transportation to and from the Gibson McCook Relays event on Saturday, 22 February 2025.*
- *A security-controlled area for visiting teams at Stadium East (Warm-Up area) on the day of the event.*
- *Team tents - Typically 20'x10' may be booked for a cost. You may confirm tents by sending us an e-mail when you have completed your online registration.*