



**Gibson McCook Relays Organizing Committee**  
20 West Strathmore  
Kingston 8, Jamaica  
[www.gibsonmccookrelays.com](http://www.gibsonmccookrelays.com)  
[gibsonmccookrelays@gmail.com](mailto:gibsonmccookrelays@gmail.com)

December 15, 2023

*The Principal/Coach/Team Manager of Regional & International Teams*

*Dear Sir/Madame,*

*It is with pleasure that we invite your organisation to the 47<sup>th</sup> renewal of the Gibson McCook Relays. We look forward to an exciting and safe 2024 event in the coming Olympic year. Our relay carnival takes place as usual on the last Saturday in February, in Jamaica's National Stadium. The meet date therefore falls on Saturday February 24, 2024.*

*Being an invitational event, there is no entry fee as usual. Your team member names and dates of birth will be crucial inputs when you register.*

*Registration will be done via our website. Please pay particular attention to the age group information for teams with members younger than 19 years old as at September 1, 2023. Those teams would participate in the High School section by age group/class.*

*Teams with athletes over 19 years old would participate in the individual events and with our Clubs & Institutions.*

*Our registration deadline is Monday January 15, 2024. Please ensure that you provide your athlete information before this deadline to ensure inclusion in the meet.*

*Please note that:*

- *Teams are allowed to list a maximum of six (6) relay competitors of which any four (4) may compete.*
- *Please pay very close attention when you provide the date of birth for each athlete. This is required to verify performances.*
- *Once you register on time, team entry packages will be made available for pick-up during the week of the relays.*
- *All ISSA age group, WA (formerly IAAF), and meet rules apply.*
- *Meet rules are posted on our website, and are updated during January each year.*
- *The publication of the official start list will confirm your team's registration in an event.*
- *1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place medals will be awarded along with the commemorative Gibson McCook watches for the winners of Championship events. Please ensure that one team member is on time for the very fast-paced awards ceremony which takes place in between races.*
- *The Neville "Teddy McCook" Trophy will be awarded for the most outstanding performance of the meet, and for the top boys and girls schools.*
- *There is also a cash award for each Championship record broken.*

*For any queries, please feel free to contact any member of our Entries & Registration Committee as listed below:*

*Sonia Rose at (876) 815-9580, or email [roseysonia@hotmail.com](mailto:roseysonia@hotmail.com)*

*Ryan Peralto at (876) 995-8584, or email [ryan.peralto@gmail.com](mailto:ryan.peralto@gmail.com)*

*Jennifer Ferguson at (876) 572-1430, or email [jenmarfer1952@gmail.com](mailto:jenmarfer1952@gmail.com)*

*Winston Ulett at (876) 999-1632, or email [wulett@icloud.com](mailto:wulett@icloud.com)*

*Wayne Long at (876) 805-6999, or email [ondirun@gmail.com](mailto:ondirun@gmail.com).*

*Sincerely,*

***THE GIBSON MCCOOK RELAYS - ENTRIES & REGISTRATION COMMITTEE***